



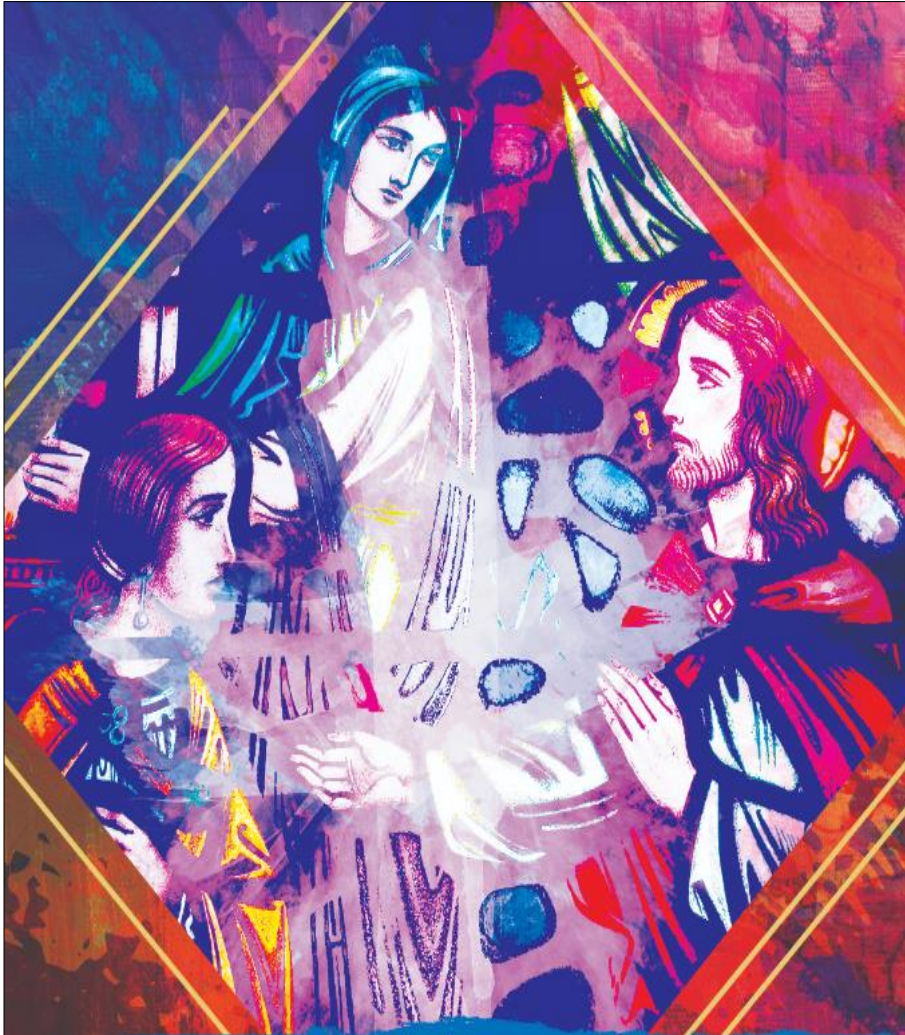
ST. THOMAS CATHOLIC CHURCH

4415 S. 140TH ST, TUKWILA, WA 98168

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WWW.SAINTTTHOMASTUKWILA.ORG

Sixteenth Sunday in Ordinary Time, July 17, 2022
16 Domingo Del Tiempo Ordinario, 17 de Julio de 2022



16TH SUNDAY IN ORDINARY TIME

“There is need of only one thing.” - Lk 10:42

16° DOMINGO DEL TIEMPO ORDINARIO

“Muchas cosas te preocupan y te inquietan,
siendo así que una sola es necesaria”. - Lc 10, 41

Liturgy Schedule

Public Weekend Masses—In Church

Saturday: 5 PM English—Livestreamed

Sunday: 8:30 AM Spanish —Livestreamed

10:30 AM English—Livestreamed

Public Weekday Masses—In Church

Tuesday: 7 PM Spanish

Wednesday: 9 AM English

Thursday: 9 AM English

Friday: 9 AM English

1st Friday & Adoration: 8 AM-Adoration

8:30 AM-Rosary

9 AM-Mass

Adoration ends at 11 AM

All weekday Masses are also livestreamed

Adoration

Tuesday: 5 PM—6:45 PM

Friday: 9:30 AM—11 AM

Anointing of the Sick

First Friday of the month, or by appointment.

Confessions

Tuesday: 6 PM—6:45 PM

Friday: 9:30 AM—10:15 AM

Saturday: 4 PM—4:50 PM

Sunday: 7:30 AM—8:20 AM

Parish Office Hours

Monday—Thursday: 9 AM—2 PM

Friday: 9 AM—Noon

Saturday & Sunday: Closed

All major holidays: Closed



Redemptive Suffering

During my first Papal Mass in 1999 at St. Peter's Basilica, I was seated next to a young man from Canada. We were able to have a short visit before the Mass began and he told me that he was a musician and had written a choral piece based on a document from St. John Paul II, *Salvifici Doloris — On The Meaning of Christian Suffering*. He explained to me how that document helped him understand more profoundly the reality of redemptive suffering and was a huge help to him in shouldering difficulties in his life while understanding that grace is especially at work during moments of suffering.

When I returned from my pilgrimage, I read the document and I too was greatly inspired and have referenced parts of it during difficult times in my life.

St. John Paul II begins the document by quoting part of the text of our second reading this weekend from St. Paul's letter to the Colossians:

Now I rejoice in my sufferings for your sake, and in my flesh I am filling up what is lacking in the afflictions of Christ on behalf of his body, which is the church. (Colossians 1:24 NABRE)

Through the grace of the Holy Spirit we can continue to love in the midst of suffering and recognize that God is very much at work in the midst of suffering. All we need to do is gaze at a crucifix. Something that looks so horrible and offensive is the very way God proved His love for us (c.f. Romans 5:8).

Suffering is indeed a mystery. Sometimes our own sinful actions bring about suffering in our lives and in the lives of others. However it isn't always someone's fault that they experience suffering. We live in a fallen world and cannot control what happens to us. However, through the grace of the Holy Spirit, we recognize that God never abandons us and is especially close to us in times of challenge and difficulty. We must make the choice to allow God to help us through those difficult times and make the choice to love and acknowledge the mystery of suffering.

When I look back at my own life, I realize now with great clarity, that God used the death of my Aunt Lynn to bring about a powerful conversion in my life that led me to become a Catholic priest. There was a time when I didn't think anything good would come out of that difficult experience. God duped me and showed me that life is going to be filled with suffering and challenges. He also showed me that when I turn to Him for help and understanding, those challenges get turned around into an occasion to thanks and praise to Him for his faithfulness. Redemptive suffering always opens us up instead of shutting us down.

In the end we are all going to suffer and eventually experience the reality of death. We can chose to try and handle those burdens on our own or ask Jesus to help us through them to be more loving and fruitful Christians.

To quote Dr. Bob Schuchts, "The core of all sin is running away from suffering." When we run towards the cross like St. Paul, we find a transformative experience that can open us up to be more kind, loving, and generous...especially in the midst of suffering. This way of thinking and acting shows we are maturing in our faith and that we truly believe that all things are working for our good (c.f. Romans 8:28). May the Holy Spirit help us in our own personal suffering and also help us to stay connected to bear one another's burdens (c.f. Galatians 6:2). God is very much at work through all of the difficulties we experience — and the ultimate victory over suffering and death is coming.

In Christ,
Fr. Jim Northrop ~ Pastor

Parish Phone Directory

Parish Staff

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Coordinator for Faith Formation (English)
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Finance Council

Fr. Jim Northrop

Jim Duffy

Oren & Kathy Hadaller

Jadelyn Manuel

Michelle Miller

Arturo Garcia Vazquez

Barbara Wu

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Mike Dix, Knights of Columbus—Grand Knight
PH: 206-498-6591

St. Vincent de Paul Helpline
PH: 206-767-6449

EMERGENCY HELPLINE NUMBERS

Suicide Crisis Hotline: 206-461-3222

Mental Health Hotline: 1-866-789-1511

Teen Link: 1-866-833-6546 / 206-461-4922

Crisis Connection: 1-866-427-4747

Child Abuse: 1-866-363-4276

Domestic Abuse: 1-800-562-6025

National Domestic Violence: 1-800-799-7233

WA State Domestic Violence: 1-844-762-8483

New to St. Thomas? Welcome! Learn more about our diverse and vibrant community by visiting our website at www.saintthomastukwila.org. Registration forms are online, in the narthex of the Church, and/or in the parish office. Please place all completed parish registration forms in the collection basket or mail it in.

Bulletin Notices: *The article deadline is 12 PM (Noon) on the Friday* a week before the weekend you wish it to appear (8 days in advance). Notices about parish events or items of interest to the parish are welcome, however posting cannot be guaranteed. Email bulletin articles/notices to mona@saintthomastukwila.org