

**3rd Sunday in Lent, March 12, 2023
Tercer Domingo de Cuaresma, 12 de Marzo de 2023**



**ST. THOMAS
CATHOLIC CHURCH**

4415 S. 140TH ST,
TUKWILA, WA 98168

206.242.5501

WWW.SAINTTHOMASTUKWILA.ORG

PASTOR: FATHER JIM NORTROP: EXT. 103
fnorthrop@thegraceofpentecost.com
www.thegraceofpentecost.com

COORDINATOR FOR HISPANIC MINISTRY:
DEACON ABEL MAGAÑA: 206-497-2090
abelm@saintthomastukwila.org

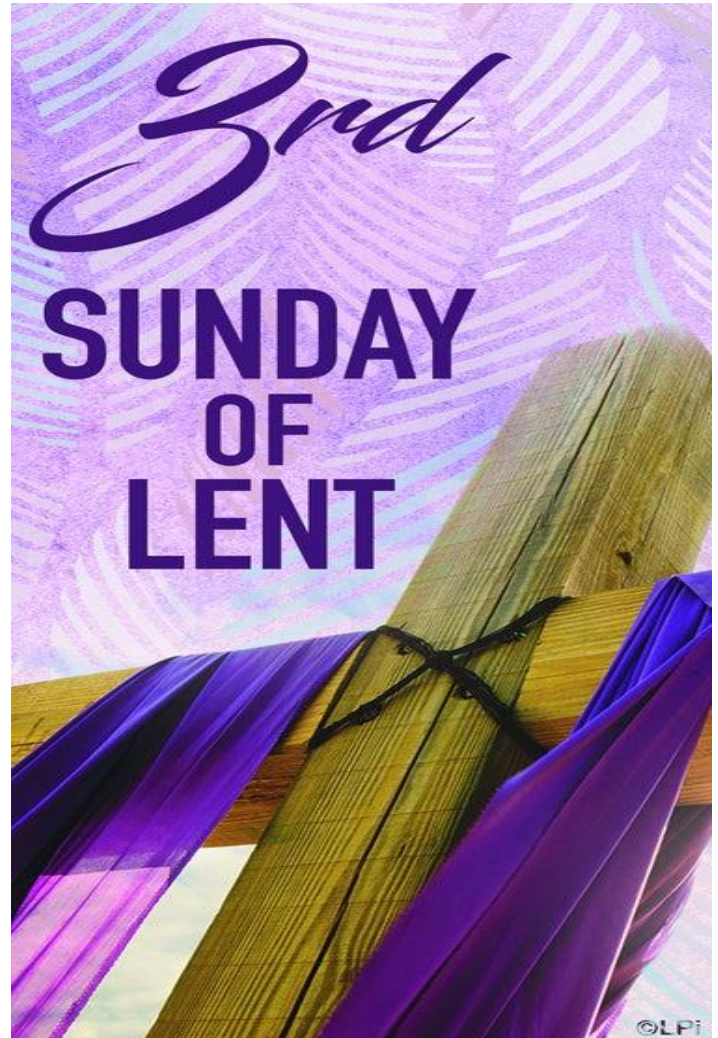
OFFICE MANAGER/ADMINISTRATION:
MICHELLE MILLER: 206-242-5502
michellem@saintthomastukwila.org

PA ADMIN/BOOKKEEPER:
JADELYN MANUEL
jadelynm@saintthomastukwila.org

LITURGY/MUSIC COORDINATOR: BARB RIDGE
ollsttliturg@aol.com

INFANT BAPTISMS: PAUL HARDIN: 206-948-6065
hardinp@comcast.net

ST. VINCENT DE PAUL HELPLINE: 206-767-6449



LITURGY

Public Weekend Masses—In Church

Saturday: 5 PM English—Livestreamed

Sunday: 8:30 AM Spanish

10:30 AM English—Livestreamed

Public Weekday Masses—In Church

Tuesday: 7 PM Spanish

Wednesday: 9 AM English

Thursday: 9 AM English

Friday: 9 AM English

1st Friday & Adoration: 8 AM-Adoration

8:30 AM-Rosary

9 AM-Mass

Adoration ends at 11 AM

All weekday Masses are also livestreamed

Adoration

Tuesday: 5 PM—6:45 PM

Friday: 9:30 AM—11 AM

Anointing of the Sick

First Friday of the month, or by appointment.

Confessions

Tuesday: 6 PM—6:45 PM

Friday: 9:30 AM—10:15 AM

Saturday: 4 PM—4:50 PM

Sunday: 7:30 AM—8:20 AM

Parish Office Hours

Monday—Thursday: 9 AM—2 PM

Friday: 9 AM—Noon

Saturday & Sunday: Closed

All major holidays: Closed

Worship & Meditation



Gospel Meditation

Encourage Deeper Understanding of Scripture

When I became the pastor of a large parish, I soon found myself, for the first time in my life, riddled with anxiety, headaches, difficulty making decisions, and fatigue. I called a therapist friend and told her my symptoms and asked if she thought I needed a serious medical exam. She said, "How much water do you drink?" I told her, "I haven't had time to drink water lately." She responded, "You're chronically dehydrated. Drink eighty-five ounces a day and call me in a week." I started guzzling water and in a week all my symptoms went away. I felt great.

Like me, the people in the Exodus wanderings were dehydrated. But unlike me, they knew it. Their symptoms were bad. They fight with each other. They accuse God of being a monster who wants them and their children to die of thirst. Their thirst drives them to plot the bloody assassination of the man who rescued them. God responds by using Moses to strike a rock from which rivers of living waters flow to quench their thirst for years to come.

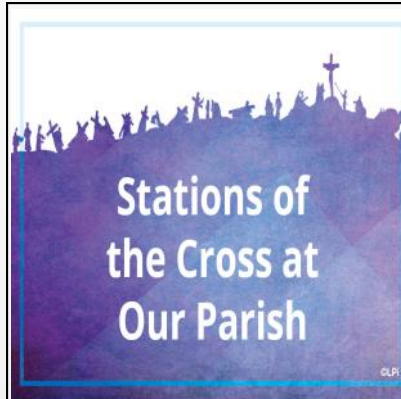
The Holy Spirit is the living water of love which flows from the pierced side of Jesus, the new Moses. What symptoms in your life suggest you're spiritually dehydrated? Anger at God? Cynicism at your leaders? Bitter rivalry and bickering with others? Don't panic. *Of course* we have those symptoms. Ask God to provide his water to quench your spiritual thirst, and he will. And all those symptoms will soon disappear.

— Father John Muir

THIRD WEEK OF LENT

LENTEN RESOURCES:
saintthomastukwila.org/pdf/

©LPI



Stations of the Cross

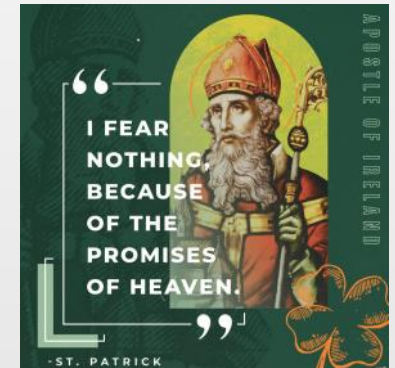
Wednesdays
 6pm

The last one will be
 April 5th before
 Holy Week

"God is Spirit, and those who worship him must worship in Spirit and truth." The woman said to him, "I know that the Messiah is coming, the one called the Christ; when he comes, he will tell us everything." Jesus said to her, "I am he, the one who is speaking with you."

- Jn 4:24-26

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.



ST. PATRICK



Salmo 95

MEDITACIÓN DEL EVANGELIO – ALENTAR UN ENTENDIMIENTO MÁS PROFUNDO DE LA ESCRITURA (Gospel Meditations)

12 de marzo de 2023
 3^{er} Domingo de Cuaresma

En la aridez del desierto es donde se puede experimentar con más realidad la necesidad del agua. La sed y el calor del agobiante sol mata. El agua es esencial para la vida. Las lecturas de hoy nos revelan a Dios como fuente de agua que salva a su pueblo, haciendo que brotara agua de la roca en medio del desierto por medio de Moisés. "Golpearás la roca y de ella saldrá agua, y el pueblo tendrá para beber. Moisés lo hizo así, en presencia de los jefes de Israel" (Éxodo 17,6). El agua tan esencial en aquellos tiempos y en los de ahora. En muchas partes del mundo hay sequía extrema. Cuidemos el agua actuemos con responsabilidad para que llegue a todos los que la necesitan.

Pero, más importante que el agua que da vida al cuerpo, es el agua viva que da Jesús en el Espíritu a la mujer samaritana. "Señor, dame de esa agua, y así ya no sufriré la sed ni tendré que volver aquí a sacar agua" (Juan 4,15). La promesa de Jesús para todos se sigue cumpliendo. Basta que le pidamos agua para nuestras sequedades de la vida. Y responderá: "El agua que yo le daré se convertirá en él en un chorro que salta hasta la vida eterna" (Juan 4,14). Egoísmos, infidelidades, injusticias, falta de compasión y de entrega a los necesitados. Es lo que podemos pedir hoy al Señor, para que nos lave y quedando limpios salgamos como la mujer samaritana a proclamar. "Vengan a ver..." todo lo que he cambiado, gracias a Jesús, para bien de todos.

©LPI



WELCOME TO ST. THOMAS PARISH!

Thank you for celebrating with us today. We invite you to come and worship with us again. If you would like to be a member of our faith community, please take a moment to register. We would love to have you as our spiritual companion.

BIENVENIDOS A LA PARROQUIA DE SANTO TOMÁS!

Gracias por celebrar con nosotros. Les damos una cordial invitación para celebrar la santa misa cada domingo con nosotros. Si usted desea ser un miembro de nuestra comunidad de fe, por favor llene el formulario de registro. Nos encantaría contar con usted como miembro de nuestra familia.

THIS WEEK'S MASS INTENTIONS
INTENCIONES DE LA MISA DE ESTA SEMANA

Sunday, March 12, 10:30 AM
† Vicky Acerdera (by Carmen Douglas)

Monday, March 13
No Mass

Tuesday, March 14, 7 PM

Wednesday, March 15, 9 AM
† Judy Lund (by Carmen Douglas)

Thursday, March 16, 9 AM
† Gary Northrop (by Elena Guevara)

Friday, March 17, 9 AM
Ndungu & Muthomi Families (by Elizabeth Ngungu)

Saturday, March 18, 5 PM
Joseph C. Lorenzo (by Vina Lorenzo)



**LOS VIERNES
DE
CUARESMA**

**Via Crucis
6:00 PM**



**Primer Sabado de
ABRIL**

8:00 AM – 3:00 PM

PLEASE REMEMBER IN YOUR PRAYERS THIS WEEK, ALL THOSE WHO HAVE ASKED FOR OUR PRAYERS:

FOR THE SICK: We remember especially: Bill Gorjance, Felix Brodigan, Martha Hickman

FOR THE DEAD: Please pray for our beloved deceased Joan King, Marie Lohmann, Judy Lund, Gary Northrop. May the Lord receive him unto Himself giving strength, comfort, and peace to their families and our parish



OUR FINANCIAL GIFTS

March 4th and March 5th, 2023

Saturday & Sunday English Masses.....\$3,999.00
Sunday & Tuesday Spanish Masses.....\$1,863.84
Weekly Online Stewardship.....\$988.07
Maintenance Fund /
Fondo de Mantenimiento.....\$387.00

**Total Donation /
Donación Total.....\$7,237.91**

Thank you for your generosity!



Bulletin Notices: *The article deadline is 12 PM (Noon) on the Friday* a week before the weekend you wish it to appear (8 days in advance). Notices about parish events or items of interest to the parish are welcome, however posting cannot be guaranteed. Email bulletin articles/notices to : michellem@saintthomastukwila.org